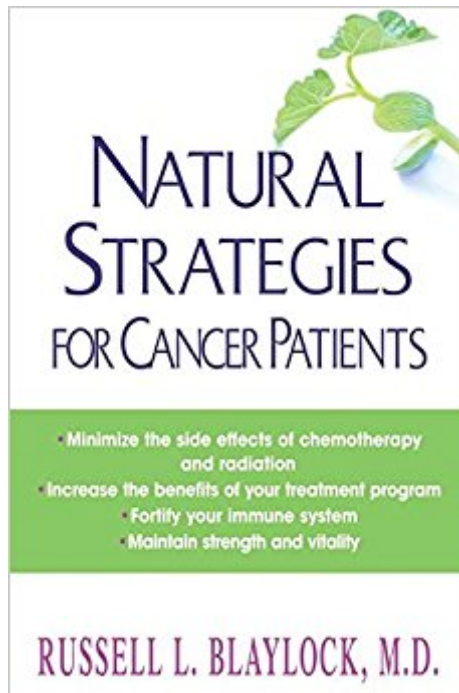




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# Natural Strategies For Cancer Patients



## Synopsis

Cancer and current cancer treatments wage war on the body, but Russell L. Blaylock - a respected doctor and clinical assistant professor of neurosurgery - has developed an easy-to-follow program to fight back naturally. This book shows how easy it can be to fortify nutritional status during this critical time.

## Book Information

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Average Customer Review: 4.8 out of 5 starsÂ Â See all reviewsÂ (174 customer reviews)

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Physical Ailments > Cancer

## Customer Reviews

I bought this book because a friend of ours has prostate cancer and I wanted to be more informed. There are a lot of titles on the "shelf" in this area - nutrition and cancer, vitamins, supplements, megadoses, minerals, what to eat and what not to eat. Some of them have extraordinary claims for cures. There are a lot of philosophies on diet, which doesn't help a cancer patient when they need sound information rather than opinions and beliefs about food. Perhaps there would be less of this confusion if conventional medical treatment started to use nutrition as a part of mainstream cancer treatment. I must say that I am really pleased with this book. As I get into it, the content gets better and better - a sign of a well informed and thorough piece of work. Dr Blaylock is very realistic about his purpose and doesn't make extraordinary claims. Instead he systematically reveals & explains the current research about vitamins and supplements, always in the context of cancer. He has a prevailing view that "fresh is best" and qualifies this. It seems to me he also has a hopeful tone, which is sometimes missing from practitioners. I have always been interested in the findings and ideas of Dr Linus Pauling (eg see ISBN 094015921 and ISBN 0380702894) and also Dr Abram

Hoffer (eg see ISBN 1550820788). Pauling has been decried by some (though the results of these two doctors' work speak for themselves). For me, this book represents in part a confirmation of their ideas, although the book is less prescriptive than the above and has a broader perspective on diet. One of the central themes in this book is the immune system, and how to strengthen it. Blaylock is careful to indicate where certain foods or supplements actually encourage rather than inhibit cancer growth.

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